



Winning in Your Emotions: Module 1 “Emotional Intelligence (EQ) for Believers”

Course Title: Winning in Your Emotions Module 1 Emotional Intelligence for Believers

When: 3-Days September 22-24, 9:00am – 4:00pm

Location: 3502 Spenard Road, Suite A, Anchorage, Alaska

Facilitator(s) Bobby Bodenhamer, D.Min. and Michael Davis, Th.D.

Book: “Secrets of Personal Mastery

Sponsors: Riverside Church and Healing Rooms of Alaska

What is Emotional Intelligence? Emotional Intelligence Quotient (EQ), describes an ability, capacity, or skill to perceive, assess, and manage the emotions of one's self, of others, and of groups. It is a relatively new area of psychological research.

How can Christian believers benefit by EQ? Christians who gain emotional mastery are less likely to feel overwhelmed, stressed out, discouraged, depressed, or out of control. They know how to manage their negative emotions and live life intentionally, not happenstance.

How will *Winning in Your Emotions - EQ for Believers* help me? You will develop the patterns for renewing the mind skills that will give you overcoming power in your emotions..

Winning in Your Emotions is a 3-day training that will bring skills and tools for transformation in your life.

Here’s the Word and facts behind this module...

Proverbs 12:18 “The tongue of the wise is health”

Proverbs 18:21 “Death and Life are in the Power of the Tongue”

Did you know that in the First Century World in which Christianity arose Jewish and Greco-Roman teachers used two primary tools as the means of instructing their students and followers?

These two tools were

1. Their own lives as models and examples of how life was to be lived
2. The strategic and skilful use of language to influence, motivate and effect a change in the thinking, emotions and behavior of their followers.

In the First Century world the use of words to influence the lives of others was a highly sought after and practiced skill. One that could be used for good or evil.

It was a skill that was even used by the writers of the New Testament whose letters were written to be read out loud and were designed to influence and effect a change not only in the thinking, but also in the emotions and behavior of the recipients.

And those letters are still influencing the mind, emotions and behavior of men and women two thousand years later.

In the Scriptures words and their wise and skilful use play an important role in the spiritual and moral development of God's people.

So let me ask you a question..

How skilful are you in using your words to bring healing and a renewing of the mind to those you minister to and work with?

Look at the scripture...Luke 4:21 – 22

And he began to say unto them, **This day is this Scripture fulfilled in your ears.** And all bare him witness, and wondered at the gracious words which proceeded out of his mouth. And they said, Is not this Joseph's son?

The scripture says that "all bare him witness, and wondered at the *gracious words which proceeded out of his mouth*" Graciously, skillfully speaking he tells them that the doctor should use the medicine he uses as treatment for his patients, for himself.

Would you like to learn how to master your words, like Jesus and use them in a positive way to help others be free from limiting toxic beliefs and ways of thinking?

Then I want to invite you to join Bob Bodenahmer and Mike Davis for the 2008 **Winning in Your Emotions Module 1: Emotional Intelligence for Christians** Training in Anchorage Alaska.

In this training you will learn:

- The Structure of language and how to use it on purpose to bring about mental and emotional healing and restoration
- How to uncover and tear down the mental strongholds that keep people from believing the truth and promises of God's Word and prevent them from living the abundant life in Christ.
- The Power of "meaning " and how you can assist others in bringing the "*meaning of their minds*" into harmony with the mind of Christ and the truth of God's Word
- How a story or metaphor can be used to effect repentance and a change of mind.
- The **7 different directions of mind** and how to utilize that knowledge to help people free their minds to the unlimited possibilities of God in Christ
- And so much more

And during the 3 day **Winning in Your Emotions** training you will learn the crucial skills tools and strategies that will enable you to master your own feelings emotions and desires and bring

them into submission to Christ so that you are living a life that pleases God and is a light and example to others.

So if you desire to live a more abundant life in Christ, like Christ we welcome you to explore how to use the power of language on purpose as a tool of transformation and liberty, then join us in Anchorage Alaska for what promises to be a life changing experience.

Accreditation by:

This training is approved by The National Board For Certified Counselors to offer continuing education activity for National Certified Counselors. We adhere to NBCC education guidelines - provider #5724

Cost: \$390.00

REGISTRATION

Email Bob Bodenhamer at bobbybodenhamer@yahoo.com for registration information.

About the Facilitators

Bobby G. Bodenhamer, D.Min.



Dr. Bodenhamer is passionate about seeing the church “repent for the kingdom”. To him this means the church must gain emotional mastery, and become masterful, like Jesus, in her communication skills. He believes that a renewed mind means transformation for the church.

Dr. Bob is a seasoned saint, International Master Trainer and communicator earning his undergraduate degree (BA) from Appalachian State University in Boone, NC (1972) in Philosophy and Religion with a minor in Psychology. Both his Master of Divinity (1976) and Doctor of Ministry Degree (1978) from Southeastern Baptist Theological Seminary in Wake Forest, NC. The Master of Divinity Degree included training in Pastoral Care with both classroom and clinical work He has trained pastors, missionaries, therapists, counselors, and professionals in all walks of life. He is known for his cutting edge research and work with stutterers and is the author of *Mastering Blocking and Stuttering*. He has a thriving NLP private practice and is presently serving as pastor of a mission church called Christ Fellowship Community Church, in Gastonia, NC. His time in the pastorate spans 37 years. Since the war in Iraq he has received national acclaim for his therapy for soldiers returning with post traumatic stress disorders. He has co-authored 10 books and taught neuro-linguistic programming (NLP) for 10 years in the Corporate/Community Education program at Gaston College. He offers both certified training for Practitioners and Master Practitioners of NLP and Patterns for Renewing the Mind International. He has a thriving private NLP Therapy practice. Dr. Bodenhamer has served four Southern Baptist churches as pastor. He is the father to many in the body of Christ.

He has co-authored 10 books.

Bobby G. Bodenhamer, D.Min.

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Michael L. Davis, Th.D.



Michael is a spirit filled God chaser, called to equip, empower and educate the church. His passion liberating the church from the western mindset, and bringing transformation through the renewing of the mind. He has a Masters of Theology degree and a Doctorate in First Century Christianity (2005) from the Centre for the Study of Biblical Research (Division of Graduate Studies) in Redlands, CA and is an Instructor for Hebraic Studies at Upon This Rock Ministries International School of Ministry in West Covina, CA.

Mike has been studying the subject of renewing the mind and the emotions for seventeen years. He received early training from Chaffey Community College and his Meta-NLP Practitioner, Master Practitioner and trainers training under Dr. Michael Hall and Dr. Bob Bodenhamer. Mike is an assistant pastor at By His Spirit Fellowship in Upland, CA as well as a corporate trainer and coach. With his wife Karen he founded the Optimal Performance Group a training organization dedicated to helping individuals and organizations to surpass themselves.

For the past five years Mike has been working with Dr. Bodenhamer in presenting a distinctively Christian version of NLP training to the Christian community. Mike has trained internationally and across the United States. He is currently working on two books for the Christian community on renewing the mind and emotional mastery. His passion is to train and teach believers how to renew their minds and live the abundant life in Christ. His ministry mission statement is summed up in Colossians 1:28 "...teaching every man in all wisdom; that we may present every man perfect in Christ"

Contact information:

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Traveling to Anchorage? Hotel Accommodations

Special rates have been negotiated for attendees at the The Barratt Inn. It is a full-service Anchorage hotel located minutes from Ted Stevens International Airport and from shopping, local entertainment, and downtown Anchorage at **4616 Spenard Road**. The Barratt Inn offers 24-hour, on-call airport shuttle service, high-speed Internet access, a business center and a state-of the art fitness facility. Special shuttle transportation will be provided for our visitors to and from the training facilities located at the Healing Rooms of Alaska., 3502 Spenard Road. Special Room Rates

\$65/night for 5 days or more or \$69/ night for less than 5 days

Make Reservations

800-221-7550 or 907-249-4941 or 907-249-4909

reserv@barrattinn.com

When making reservations mention "Healing Rooms"